



This institution is an equal opportunity Provider and Employer

APRIL 2024

Henry James Middle School

Application forms for free and reduced priced meals are available at your school or you may download them at www.simsbury.k12.ct.us. Look for us under Nutrition Services. Remember we need a new completed form every year. Please contact Nutrition Services with any questions.

Menu Subject to Change

Monday

Smile Day 😊 1

Emoticon Chicken Nuggets
Smile Fries,
Dinner Roll
Rainbow Fruit & Veg Tray
Milk

Tuesday

**No School
Professional
Development
Day** 2

Wednesday

Egg, Sausage and Cheese
on a Waffle, Hash Brown
Rainbow Veggie &
Fruit Tray
Milk 3

Thursday

Meatball & Cheese Sub
On a Whole Grain Roll or
Veggie Burger on a Roll
Steamed Broccoli
Rainbow Veggie & Fruit Tray
Milk 4

Friday

French Bread Pizza 5
Green Beans
Rainbow Veggie &
Fruit Tray
Milk

8
**SPRING RECESS
NO SCHOOL**

9
**SPRING RECESS
NO SCHOOL**

10
**SPRING RECESS
NO SCHOOL**

11
**SPRING RECESS
NO SCHOOL**

12
**SPRING RECESS
NO SCHOOL**

15
Popcorn Chicken
Dinner Roll
Carrot Coins
Rainbow Fruit & Veg Tray
Milk

16
Hamburger or
Cheeseburger on a Whole Grain
Roll or Veggie Burger on a WG
Roll, Oven Fries, Baked Beans
Rainbow Fruit and Veg Tray
Milk

17
Whole Grain Waffles
Chicken Sausage & Hash Brown,
Rainbow Veggie &
Fruit Tray
Milk

18
Mozzarella Cheese Sticks
W/ Marinara Sauce
Garden Peas
Veggie, Fruit
Milk

19
Stuffed Crust Cheese Pizza
Garden Salad
Rainbow Veggie &
Fruit Tray
Milk

Earth Day 22

Reptile Nuggets
Broccoli Trees
Mashed Potato
Rainbow Fruit & Veg Tray, Milk

23
All Beef Hot Dog on a
Whole Grain Bun, Baked Beans,
Rainbow Veggie &
Fruit Tray
Milk

24
Whole French Toast Sticks
w/ Chicken Sausage,
Hash Brown
Rainbow Veggie And Fruit Tray
Milk

25
BBQ Rib on a Roll OR
Veggie Burger on a Roll
Carrot Coins
Frozen Fruit Juice Cup
Veggie & Fruit
Milk

26
Personal Pan Pizza With
Garden Salad
Cheese Stick
Veggie, Fruit
Milk

29
Chicken Sandwich
OR Veggie Burger
Potato Wedges
Rainbow Veggie and Fruit Tray
Milk

30
Creamy Mac and Cheese
Cheese, Broccoli, Dinner Roll
Rainbow Veggie & Fruit Tray
Milk



A student lunch is \$4.00 or free for those who qualify. Please pay by cash, check (made payable to "Simsbury Public Schools Cafeterias") or online at www.MyPaymentsPlus.com. Lunch consists of an entrée, vegetable choices, fruit choices, whole grains and low or fat free milk. Students may take three, four or five of these items but must choose at least ½ cup of fruits or vegetables and full servings of the other food components.

Breakfast is free for all students for the 2023/2024 school year. MENU SUBJECT TO CHANGE. A La Carte Items are available to purchase daily!

Weekly Salad and Sandwich Grab and Go Meals are also available Daily with Veggie and Fruit of the Day.