






This institution is an equal opportunity provider and employer.

# Simsbury High School - Grades 9 - 12

## April 29 - May 3, 2024

Menu Subject to Change.

DAILY CHOICES	Monday 04/29	Tuesday 04/30	Wednesday 05/1	Thursday 05/2	Friday 05/3
<b>1</b> <b>Today's Trojan Lunch</b> 	Crispy Chicken Patty On a Whole Grain Roll Oven Fries Fruit and Veggie of the Day Milk	Cinnamon French Toast Chicken Sausage Hash Brown Fruit of the Day Milk	Meatball and Mozzarella Grinder Garden Salad Fruit and Veggie of the Day Milk	Orange Chicken Fried Rice Oriental Mixed Veg Fruit and Veggie of the Day Milk	<i>School Lunch Hero Day</i> Cheese Calzone With Meatballs & Marinara With Fruit Fruit and Veggie of the Day Milk
<b>2</b> <b>Deli on Wheat Bread or Wrap</b> 	Assorted Varieties of Sandwich Options Fruit & Veggie Choice Milk	Assorted Varieties of Sandwich Options Fruit & Veggie Choice Milk	Assorted Varieties of Sandwich Options Fruit & Veggie Choice Milk	Assorted Varieties of Sandwich Options Fruit & Veggie Choice Milk	Assorted Varieties of Sandwich Options Fruit & Veggie Choice Milk
<b>3</b> <b>Caterina's Chicken &amp; Pizza</b> 	Chicken Patty on a Roll OR Pizza Fruit & Veggie of the Day Milk	Chicken Patty on a Roll OR Pizza Fruit & Veggie of the Day Milk	Chicken Patty on a Roll OR Pizza Fruit & Veggie of the Day Milk	Chicken Patty on a Roll OR Pizza Fruit & Veggie of the Day Milk	Chicken Patty on a Roll OR Pizza Fruit & Veggie of the Day Milk
<b>4</b> <b>Tom's Grill and Specialties</b> 	Hamburger or Cheeseburger on a Roll OR BBQ Rib on a Roll Fruit and Veg of the Day Milk	Hamburger or Cheeseburger on a Roll OR Soft Taco w/Lettuce & Tomato Fruit & Veggie of the Day Milk	Hamburger or Cheeseburger on a Roll OR Nacho Supreme w/Lettuce & Tomato Fruit & Veggie of the Day Milk	Hamburger or Cheeseburger on a Roll OR Nacho Supreme w/Lettuce & Tomato Fruit & Veggie of the Day Milk	Hamburger or Cheeseburger on a Roll OR Soft Taco w/Lettuce & Tomato Fruit & Veggie of the Day Milk
<b>5</b> <b>Farm Fresh Salads, Wraps, Parfaits</b> 	<ul style="list-style-type: none"> <li>Specialty Salad: Taco</li> <li>Specialty Wrap: Turkey BLT</li> <li>Yogurt, Fruit &amp; Granola Parfait</li> </ul> Fruit & Veggie of the Day	<ul style="list-style-type: none"> <li>Specialty Salad: Taco</li> <li>Specialty Wrap: Turkey BLT</li> <li>Yogurt, Fruit &amp; Granola Parfait</li> </ul> Fruit & Veggie of the Day	<ul style="list-style-type: none"> <li>Specialty Salad: Taco</li> <li>Specialty Wrap: Turkey BLT</li> <li>Yogurt, Fruit &amp; Granola Parfait</li> </ul> Fruit & Veggie of the Day	<ul style="list-style-type: none"> <li>Specialty Salad: Taco</li> <li>Specialty Wrap: Turkey BLT</li> <li>Yogurt, Fruit &amp; Granola Parfait</li> </ul> Fruit & Veggie of the Day	<ul style="list-style-type: none"> <li>Specialty Salad: Taco</li> <li>Specialty Wrap: Turkey BLT</li> <li>Yogurt, Fruit &amp; Granola Parfait</li> </ul> Fruit & Veggie of the Day

Lunch is \$4.00 or Free for those who qualify. Please pay by cash, Check (made out to Simsbury Public Schools Cafeterias) or on-line at [www.MyPaymentsPlus.com](http://www.MyPaymentsPlus.com). Lunch consists of an entrée, vegetable and fruit choices, whole grains and low or fat free milk. Students may take three, four or five of these items but must choose at least 1/2 cup of fruits or vegetables and full servings of the other food components. A la carte items is also available for purchase daily.

Breakfast is free for all students for the 2023/2024 school year. BREAKFAST IS SERVED DAILY IN THE CAFETERIA